

ROBINSON FACIAL PLASTIC SURGERY

Ernest B. Robinson, M.D.

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(949) 831-5900 Fax (949) 831-1782

POSTOPERATIVE CARE INSTRUCTIONS

FIRST DAY AFTER SURGERY

- ◆ Do not remove any dressings.
- ◆ Come into office or surgery center to see Dr. Robinson or staff.
- ◆ Dr. Robinson or staff will give you more specific care instructions at visit.

SECOND DAY AFTER SURGERY

1. Remove head dressing and throw all gauze dressings away.
2. Shower and wash hair with baby shampoo.
3. Allow hair to dry.
4. Clean wounds lightly with peroxide on a Q-Tip or cotton ball.
5. Apply ointment, either Aquaphor or antibiotic ointment (bacitracin, triple antibiotic, etc.)
6. Cover facelift wounds with 4 x 4" gauze (this prevents chin strap from getting soiled).
7. Apply chin strap.
8. No strenuous activity.
9. Take medications as directed.

THIRD through SEVENTH DAY AFTER SURGERY

- ◆ Follow steps 2 through 8 of Second Day instructions (above).

SUTURE REMOVAL (if necessary)

- ◆ Call to confirm.
- ◆ Do not take pain or sedative medications if driving to your appointment.
- ◆ Call (949) 831-5900 with any questions or concerns. For urgent after-hour concerns, call (714) 801-6288 or dial 911 with emergencies.

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