

# Robinson Facial Plastic Surgery

## Pre-Surgery Procedure

It is recommended that the patient begin this regimen three to four weeks pre-procedure to obtain the best possible result from a facelift, brow lift and/or blepharoplasty. This will help reduce healing time and erythema, ensuring a more satisfactory longterm result.

### Morning

1. Cleanse with a dime-sized amount of **Creamy Cleanser** (pHaze 41). Rinse with warm water and pat dry.
2. Apply **Nutrient Toner** (pHaze 5) to the face and neck with a cotton pad. Let Dry.
3. To help stimulate healthy tissue growth and promote wound healing, apply one to two pumps of **Rejuvenating Serum** (pHaze 24).
4. To help reduce fine lines, increase cell turnover and inhibit post-inflammatory hyperpigmentation apply one to two pumps of **A&C Synergy Serum** (pHaze 23) mixed with a small amount of **C-Strength 15% with 5% Vitamin E** (pHaze 16).
5. Moisturize and provide broad-spectrum UV protection with **Hydrator Plus SPF 25** (pHaze 6+).
6. For all over body care, apply **Perfecting Body Hydrator SPF 30** (pHaze 30) for broad-spectrum UV protection and a hydrated, even skin tone.
7. For the lips, apply **Peptide Lip Therapy** to reduce peeling, improve hydration and dramatically reduce lip lines.

**Note:** Apply Protecting Hydrator SPF (pHaze 7) or Hydrator Plus SPF 25 (pHaze 6+) prior to applying Peptide Lip Therapy to protect the lips from UV exposure.